

NAPE's Educational Model: The Culture Wheel

Culture shapes our beliefs and forms our biases about people based on their age, gender, race, language, (dis)ability, class, or income level, often without our realization. We communicate our biases through small, subtle, unconscious, but often powerful, messages called micromessages. The accumulation of these micromessages affects a person's self-efficacy—the belief in her or his ability to be successful in a program, course, college, or career.

You can interrupt the cycle.



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Reflect on how *your communication* will impact the student

Consider the context and culture

Exercise mindfulness and intentionality to *get the best outcome for every student*

Anticipate and be aware of individuals and dynamics

